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WELCOME TO FITTER FUTURE



WHAT IS FITTER FUTURE

Fitter Future fights childhood obesity and equips children with the tools to improve their mental / emotional well-being.

Our series of online activities are designed for the spallest of spaces (30 children regularly complete them from the classroom) and perfect for home use.

Lets get active together and help ensure a Fitter Future!

WHY PARENTS LOVE FITTER FUTURE

Easy to use from home!
Fun for children!
Fights childhood obesity!
Gets your children tired!
Improves mental well-being!
Increases concentration!
Decrease behavioural issues!



Go to www.fitterfuture.com



Click 'Sign In'





Select 'Student'



Enter your username and password



Once logged in select 'Get Active' or 'Be Mindful' and off you go!