



Working at home with your child

Personal, Social, Emotional Development

This relates to how children relate to each other, deal with emotions, manage own behaviour and personal hygiene.

- Encourage your child to say please and thank you.
- Encourage your child to dress themselves and take his/her own coat on and off.
- Play games which encourage turn taking.
- Talk about feelings and how things make others feel.
- Ensure that your child is able to go to the toilet unaided.

Knowledge and Understanding of the World This area relates to children being able to notice similarities and differences.

- Talk to your child about special times; birthdays, festivals and other key events in their lives and the lives of others they know.
- Encourage them to explore their surroundings; particularly in the outdoor area.
- Allow your child to observe animals and describe them.
- Encourage them to feel different textured objects and describe; rough, smooth, soft etc.

Reading and Writing This area relates to children being able to blend phonemes in simple words, understands what they read and able to use phonic knowledge to write words.

- Allow your child to select books for themselves; ones that interest him/her. Picture books with repetitive, rhyme and basic language.
- Encourage your child to 'read' what is happening in the pictures. Prompt them to tell you a sentence about what is happening.
- To increase vocabulary and identify sounds: play word games such as I spy.
- Make shapes of letters out of play dough; write them in sand, write their own name in the air etc.
- Encourage your child to sing/say songs and rhymes and tell you their own stories.
- Ask your child about words that rhyme, e.g. house and mouse.
- Play memory games eg I went to the shop and bought..
- Encourage your child to write cards, lists or messages to friends.
- Share books sent home from school (not just once).

Mathematical Development This relates to children recognising and counting numbers to 20, understanding simple calculations and understanding both 2d and 3d shape.

- Practice counting groups of objects in pictures and stories; pose questions such as how many altogether? Which number is one more? One less?
- Count out loud with your child saying the names of numbers clearly.
- Show numbers to your child (perhaps on number cards).
- Sing songs or rhymes with numbers in them; 10 In The Bed, 5 Little Ducks, 10 Fat Sausages etc.
- Read stories with numbers in them, e.g. The Very Hungry Caterpillar.
- Use mathematical language; add, take away, number names by playing board games.
- Count using fingers.
- Point to and say numbers around the house.
- Encourage children to identify shapes around them; do a circle spotting hunt, square spotting etc.
- Apply mathematics to real life; shape, money, cooking, amounts of objects etc.

Physical Development This area relates to children having control over their body, holding small hand tools(pencils) and keeping healthy.

- Encourage your child to handle small and large equipment.
- Allow your child to use scissors and develop their skills.
- Play games such as follow the leader and change actions to develop motor skills and coordination.
- Discuss changes to their bodies after exercise; heart beating faster, feeling hot etc.

Creative Development This relates to how your child expresses themselves.

- Allow your child to listen to and sing songs and rhymes.
- Engage in role play with your child.
- Explore different media; paint, pencils, crayons, cutting and sticking
- Dance to songs and make up actions to complement; e.g. Wheels on the Bus.