Joy of Moving Home School Festival – 18th to 22nd May

Next week our school is going to be taking part in an event called *Joy of Moving Home School Festival.* *It has been org*anised by Notts County Football in the Community, who are working in partnership with the EFL Trust to deliver a national initiative, where there are likely to be hundreds of thousands of children taking part across the UK! In these difficult times, we want our families and children to feel part of a community and think this is a great way of providing that feeling through sport and exercise.

The focus of the festival is inspiring children to lead active lifestyles, enjoying moving through play, and helping them develop positive habits for adulthood. This links very closely with our school ethos of physical activity.

The Festival consists of a half day timetable of activities for children on the theme of the Joy of Moving. A resource pack has been sent to you with all the information in and resources required. It's important that these activities are completed on Wensesday 20th May in the afternoon to help us all feel that sense of community and letting children know that all their friends are joining in at the same time. Maybe you could video call friends and complete it all together.

The event will launch via social media on Friday 15th May (United Nations International Day of Families) with **Heyamnn's festival taking place on Wednesday 20th May in the afternoon.**

As part of the event, families and schools are being encouraged to post social media content during the week, which will all be captured at www.joyofmovingresourcehub.co.uk. I will be creating a blog on the Heymann website all about the event and want as many children and families to join in as possible. Please send any videos or pictures of your family joining in to your year group teachers email address. I will use these on our website and also will send some to Joy of Moving to use on their website too.

If you are able to, share how your families and school is engaging with the festival via social media using the hashtag **#JOMHomeFestival** When preparing social media posts, can I ask that you use the following handles and hashtags so the scope and impact of the festival can be accurately tracked nation-wide. Be creative with your posts always including the #JOMHomeFestival in all posts ☺

@JoyofMovingUK → Twitter & Instagram
@EFLTrust → Twitter, Instagram & Facebook

If you do share your progress you will be in with a chance to win £500 worth of equipment for our school!

The most important thing is for families to enjoy keeping fit together and keeping not only our bodies but our minds healthy too!

I look forward to receiving lots of photos and videos.

Enjoy!

Miss Penfold