

# DT Cereal Sheet

Where does cereal come from? How is it made? Follow the links below to find out and write some facts in your exercise book.

Oaty porridge -

[https://www.youtube.com/watch?v=D\\_hl5LEBIms&list=PLbPWPsVl8htl4E8f\\_EZMT8FN1PvoQFDpn&index=2](https://www.youtube.com/watch?v=D_hl5LEBIms&list=PLbPWPsVl8htl4E8f_EZMT8FN1PvoQFDpn&index=2)

Breakfast cereal online trip -

<https://www.youtube.com/watch?v=vZhjnh6yEqQ&list=PLbPWPsVl8htkjQhfn6xjHTJJn8e7HFqgS>

Wholegrains -

<https://www.youtube.com/watch?v=MOQUV0JBqBI&list=PLbPWPsVl8htkjQhfn6xjHTJJn8e7HFqgS&index=2>

Growing wheat -

<https://www.youtube.com/watch?v=uTXaTwiwdeQ&list=PLbPWPsVl8htkjQhfn6xjHTJJn8e7HFqgS&index=6>

Answer these questions:

1. For what meal do you usually eat cereal?
2. What can cereal be made from?
3. Can you name 3 types of cereal?
4. What is your favourite cereal?
5. What ingredients do they add to cereal to make it tasty?

You can also read the '**Sophie's Smart Sugar Choices**' PowerPoint and talk about how some cereals have a lot of sugar in them and some don't. Do they want to make a healthy cereal with whole grains or a more sugary, sweet cereal?