

## Standing up for what is right

If you have been watching Newsround, you will have heard about a lot of people going out and marching in groups to show that they don't agree with how black people and other people of colour have been treated unfairly. This week's 'Picture News' gives you more information about why many people are doing this now.

This is called '**protesting**' and is a way for people to come together and show that they don't agree with something that is happening, and to try and encourage powerful people like the government to change or introduce different rules, or to show support for a group of people.

In this case, **protesters** (the people protesting) are protesting against people still being treated differently because of the colour of their skin and saying that this needs to stop. They are standing up for something that is right and something that is important to them. What sort of thing do you think it could be important to **protest** about?

There is a lot of useful information about what racism is and what you can do on the childline website: <https://www.childline.org.uk/info-advice/bullying-abuse-safety/crime-law/racism-racial-bullying/>

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In school, we talk about **standing up for what is right**. That if you see something happening that is unfair or wrong, you should let a grown up know, but also feel that you can speak up and say that you don't agree with what is happening. **For example**, this could be in the playground if you see somebody being left out on purpose, or someone being unkind.

**Talk about this with a grown-up.** If you saw something that you didn't think was right (in the playground, in class, at home or anywhere else). What could you do or say to try and help the situation and **stand up for what is right?** Is it always easy to do that? Why is it so important? Look at the 'How can you help' sheet for ideas of some scenarios. The information childline have on being **assertive** is also useful <https://www.childline.org.uk/info-advice/your-feelings/feelings-emotions/being-assertive/>

**When you have talked about your ideas with a grown up, complete the 'How to be a good friend' worksheet.**