



# **Dreams and Goals**

## **Lesson 1 – Facing challenges**

# Jigsaw charter



Have a look at the at our jigsaw charter. We are going to use this at the beginning of every lesson.

## The Jigsaw Charter

We take turns to speak  
We use kind and positive words  
We listen to each other  
We have the right to pass  
We only use names when giving compliments or when being positive  
We respect each other's privacy  
(confidentiality)

# Calm me



Does your mind  
feel calm and  
ready to learn?



Is anyone in this picture facing a challenge?

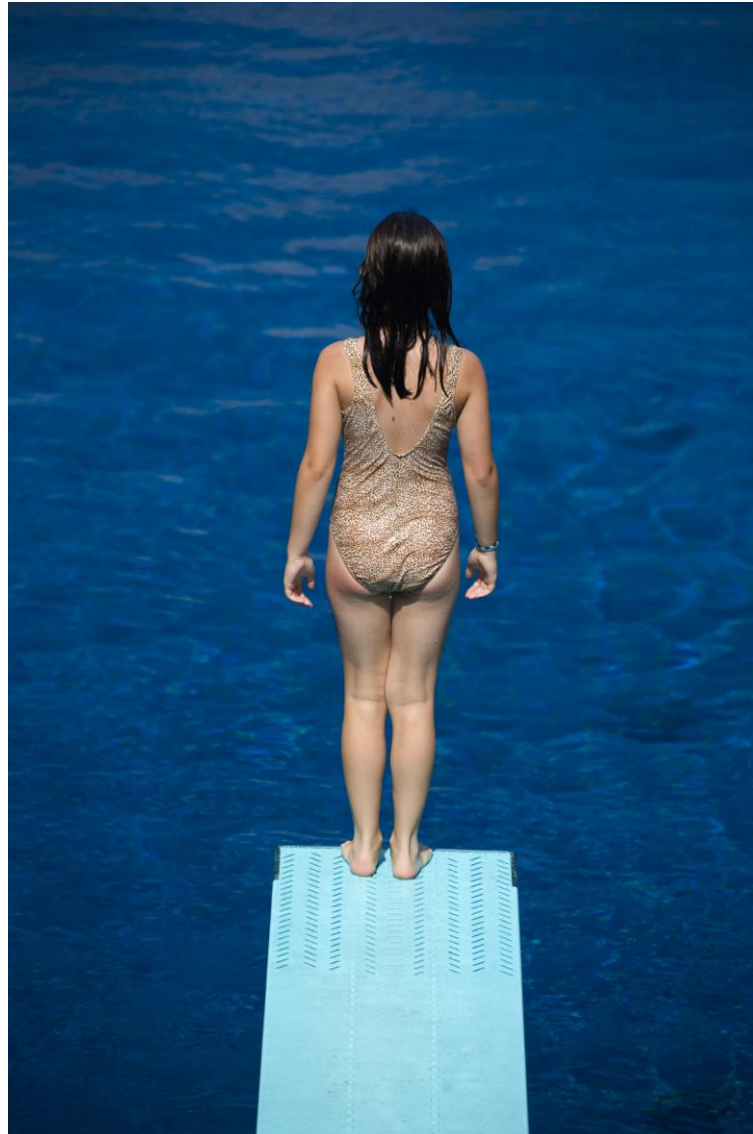
What type of challenge might they face?





Is anyone in this picture facing a challenge?

What type of challenge might they face?



Is anyone in this picture facing a challenge?

What type of challenge might they face?





Is anyone in this picture facing a challenge?

What type of challenge might they face?



Is anyone in this picture facing a challenge?

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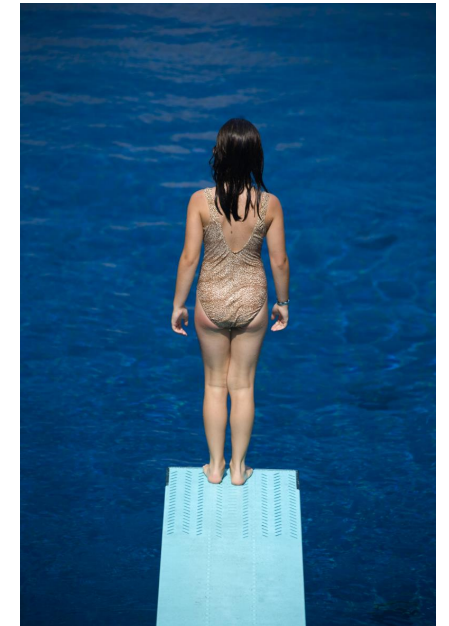
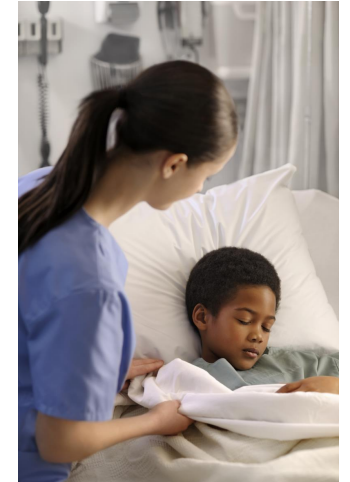
How are the challenges that these people are facing different?

Have you ever faced a challenge like these people have in the pictures?

<https://www.youtube.com/watch?v=iOtJGdPka18>

# Activity

- Choose a picture of the person you think faces the greatest challenge. Why do you think this?
- Next, choose the picture of the person you think will face the challenge most successfully. Why have you chosen this person?





## Activity 2

- Choose one of the pictures of people facing challenges. This Powerpoint is uploaded on the Year 3 page.
- Introduce the person, their name and their challenge.
- Describe how the person feels about facing the challenge.
- Describe how the person achieves the challenge.
- Describe how the person feels when they have been successful.









Puzzle 1 - Dreams & Goals (Pieces 1-3)

Ages 7-8

Name .....

					TINT BOX - To improve next time I...
Piece 1	I can tell you about a person who has faced difficult challenges and achieved success.				
	I can show respect and admire people who have overcome obstacles to achieve a success.				
Piece 2	I can tell you about a dream or ambition that is important to me.				
	I can imagine how it will feel when I achieve my dream/ambition.				
Piece 3	I can explain why I enjoy new learning challenges and can work out the best ways for me to achieve them.				
	I can break down a goal into a number of steps and can explain how others can help me to achieve it.				

