First, we would like you to write your dreams and goals in the petals. If you are finding it hard, think about things that you might like to do when you are older. What job would you like to have? Where would you like to live? Would you like to learn another language? What subjects would you like to learn about in secondary school?

When you have written all your dreams and goals in the petals, draw a picture of what you might look like when you have achieved one of these goals. For example, if your dream is to be a doctor when you are older, you might want to draw yourself in a doctors outfit next to a hospital!

Don't worry if you cannot think of enough dreams/goals to fill all the petals. Just do the ones that you can!

