

Lesson 6 – PSHE Dreams and Goals

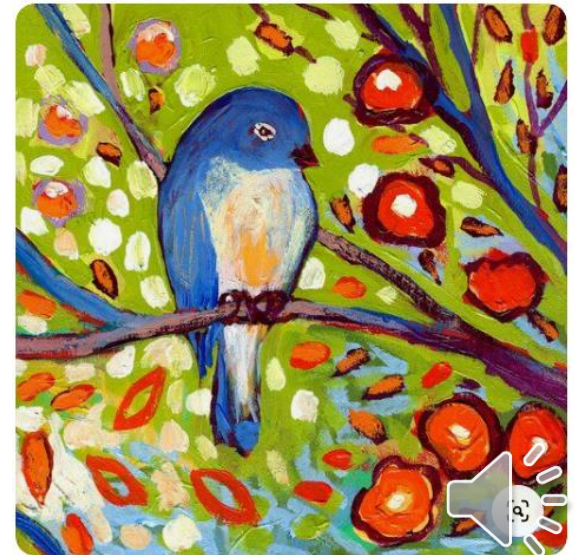
- Can you remember how we begin every Jigsaw lesson?
- The world is a crazy place at the moment, so it is so important that we take some time to relax and be calm!
- Play the chime below. What are you imagining or thinking about whilst you are listening to the chime?
- [Woodstock Zenenergy Chime - Solo, Silver - YouTube](#)





We are looking for...

- Over the past few weeks we have been **looking for children who work well with others. Today we are reflecting on our own successes and the successes of others** in our final lesson of the topic.





Let's take a moment to think about our successes

- 'I felt proud when...'
- 'I felt happy when...'
- 'I felt excited when...'
- 'Something I have found challenging was...'





Now let's think about last week's task

- Last week your task was to **make or draw your own bird that might be found in your garden of goals and dreams!**
- What went well?
- Did you work on your own or did you work in a team?
- What skills did you have which were helpful?
- How did you feel about working with others?
- What might you do differently next time?



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Treasure Chests

- Treasure chests keep things safe.
- Complete the treasure chest worksheet on the webpage to store your ideas and positive feelings that we have just thought about for how the creation of your bird in your garden of dreams and goals went.

Lesson 6 – Dreams and Goals Treasure Chest

w/c 8.2.21

Your task: Think back to last week when you made or designed your bird for your garden of dreams and goals! This treasure chest is to store **positive feelings** about our dream bird task.

Answer the questions below:

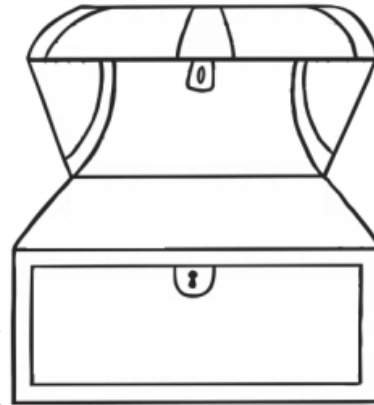
Did you make your dream bird on your own or did you have help from somebody at home?

What was your role in the task?

What skills were you good at which helped to create your dream bird? (E.g were you good at the drawing, cutting, painting etc.)

What skills did somebody at home have which helped to create your dream bird? (E.g was a parent/sibling able to help with the celotape, or wrapping of paper).

How did you feel about working with others to make your dream bird?





Time to celebrate!

Dreams & Goals
Well done!

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Please feel proud that you have learnt to:

.....

I am especially pleased that you:

.....

I am proud that I can:

.....

Signed: Date:

