My fitness challenge

| Name: | 74. |
|--------|-----|
| Age: | 110 |
| Class: | |



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|-----------|-----------|--------------|-----------|-------------|
| Now I can | How many? | I want to be | How many? | How did I |
| | How far? | able to | How far? | feel when I |
| | How long? | | How long? | achieved my |
| | | | | challenge? |
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