Healthy Me
Smoking Quiz Questions

This half term we begin the 'Healthy Me' topic in our Jigsaw sessions. In the first lesson this week, we will be learning the following:

- To know the health risks of smoking and be able to explain how tobacco affects the lungs, liver and heart.
- To be able to make an informed decision about whether or not I choose to smoke and know how to resist pressure

Have a go at answering the questions in this smoking quiz. Try to use what you already know rather than carrying out research to find the answers. We will go through the answers in our Jigsaw session in Friday's live lesson.

	Circle the answer you think is correct.			
1	How many people in the world are estimated to die from smoking-related illnesses each year?			
	A. 500,000	B. 1 million	C. 3 million	D. 5 million
2	How many people in the world are estimated to die each year from breathing in second-hand smoke (passive smoking)?			
	A. 9,000	B. 90,000	C. 900,000	D. 9 million
3	True or false: Low tar cigarettes don't cause that much health damage			
	A. True		B. False	
4	What makes smoking addictive?			
	A. Taste	B. Nicotine	C. Tar	D. Wanting to look cool
5	Which of these chemicals does the average ashtray contain?			
	A. Arsenic	B. Nicotine	C. Ammonia	D. All of these

6	Which group smokes more: boys or girls?			
	A. Girls		B. Boys	
7	Which of these facts about E-cigarettes/ vaping are true?			
	A. Vaping contains fewer chemicals than tobacco	B. Vaping can still cause the body damage	C. Vaping is still addictive	D. All of these
8	True or false: Smoking only damages your health if you have been smoking for years			
	A. True		B. False	
9	Is the number of people who smoke, rising, falling or staying roughly the same each year?			
	A. Rising	B. Staying the same	C. Falling	
10	If we all know the dangers of cigarette smoking, why do young people start to smoke?			
	A. Because their parents smoke	B. Because they think it will help them stay slim	C. Because their friends smoke	D. Because they think they might try it and can easily give up when they want to