

What is Holi Festival?

- It is also known as the festival of colours.
- It was originally celebrated in North India (where it is a national holiday) but is now celebrated in many parts of the world.
- Its marks the beginning of spring, usually in March.



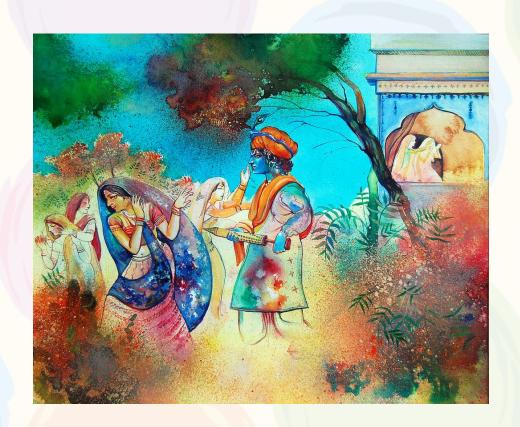
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Religious Meaning

Holi is also a Hindu celebration.

It celebrated Krishna, and the legend of Holika and Prahlad.

Hindus believe that
Krishna threw water over
milkmaids as a child. This
developed into the games
of Holi.



Religious Meaning

There is also the story of Prahlad.

Prahlad was a prince.

The king (his father) wanted everyone in his kingdom to worship him. Prahlad refused and worshipped lord Vishnu instead.

The king's sister Holika, who was immune to fire, tricked her nephew Prahlad into sitting on her lap in a bonfire in order to destroy him, but because she was using her powers for evil, the plan failed and Prahlad emerged from the fire unharmed, while Holika was devoured by the flames.

In some parts of India effigies of Holika are burnt on a fire. Ashes from Holi bonfires are thought to bring good luck.

Celebrations

Celebrations start with a Holika bonfire on the night before Holi.

People sing and dance around the fire and roast grains, popcorn and coconut around it.

They also throw chickpeas on the fire.

Last year's rubbish is burnt to represent new beginnings.

Effigies of Holika are burnt on the fire in some parts of India



Celebrations

The next day people of all ages go out on the streets for a carnival of colours.

Everyone plays, chases each other with dry powder and coloured water.

Some people carry water guns and water balloons filled with coloured water, ready for a water fight.

People sing, dance and have fun together, no matter who they are.



Celebrations



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Choose a task from the following list to complete at home. Be ready to talk about and show what you did in one of our live lessons:

- 1. Make a Happy Holi greetings card. Choose a design that shows one of the ways or reasons Holi is celebrated.
- 2. Get a handprint from everyone in your family. Colour them in different colours and then arrange them to create a handprint collage. Can you remember what the different paint colours represent?
- 3. Do some baking makes small cakes or biscuits and ice them in a range of colours (if you have them) or plain icing with coloured sweets.
- 4. Make up a holi dance use this link for inspiration.



