

Your tasks:

1. Think about how calm or not very calm the people in the pictures below are. Number the pictures using the scale below to help you. Number 1 would be somebody who is feeling very calm and relaxed. Number 10 would be somebody who is not very relaxed at all.
2. Label each picture with an emotion for how that person might be feeling (e.g *relaxed*, *worried*, *happy*, *nervous*)

Very calm  
and relaxed

Not very calm  
or relaxed

