

Are you and your child ready to start school?

SELF HELP SKILLS

Can your child:

- Put their coat on and try to fasten it
- Use a knife, fork, spoon to eat and drink from a cup or a straw
- Undress and dress themselves again, including turning their clothes the right way round
- Put shoes on and off
- Go to the toilet, wipe themselves and wash their hands independently
- Easily separates from you without support

READY TO LEARN

Are they:

- Able to say their first and last names
- Able to hold a pencil correctly to make marks and draw a simple picture
- Able to recognise their name
- Able to follow simple instructions, listen when an adult is speaking and respond appropriately
- Confident to try new activities
- Able to ask for help if needed
- Understand that set boundaries are important
- Willing to tidy up and help to look after their belongings



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HELPING YOUR CHILD TO LEARN Many of the following ideas are easy to fit into a busy day and can help your child develop their imagination, build their enthusiasm for learning and find out about new things

Communication, Language and Literacy

- **Listening walks**- can your child discriminate and name the different things to hear
- **Reading stories together**- can your child recall some of the main events
- **Learn nursery rhymes and rhyming songs**. Make up new parts by adding different rhyming words- the sillier the better!
- **Learn some action songs** eg Dingle Dangle Scarecrow, Incey, Wincey Spider
- **Sound talk** with your child eg Put on your h-a-t, Time for b-e-d
- **Fingers and hands need to be strong enough to hold a pencil**. Use jigsaws, playdough, lego, fastening clothes, jewellery making kits, using scissors. Remember to play outside too- catch a ball, use a climbing frame.

Maths

- Counting everyday objects
- Finding numbers on car registrations, buses, house numbers
- Playing with real money
- Pouring water to fill and empty containers
- Baking- weigh out the different ingredients