

Heymann Easter egg challenge!

Here are your challenge activities for Easter.

Colour the egg in when you have managed to complete the activity.

Can you collect all 6 eggs?

Take part in an Easter egg hunt or make it more exciting and hide fitness challenges around the house and garden for your family to take part in. E.g. do 10 star jumps.

Have you seen the toilet roll challenge? How many keepy-ups can you do with a ball?

Make it harder by trying it with your eyes closed.

This week, have you?

- made your bed
- set the table
- done the washing up
- helped to make dinner
- tidied up after yourself

Design and make an Easter bonnet.

Go and have a look on google for some creative ideas!

Have an egg and spoon race in the garden.

Create a work-out or dance routine for the whole family.