

Term:	reception	Y1	Y2	Y3	Y4	Y5	Y6
Autumn 1	Gymnastics (floor)	Fundamental movement skills	Fundamental movement skills	Fundamental movement skills	Fundamental movement skills	Fundamental movement skills	Fundamental movement skills
		Gymnastics	Hockey	Dance- Stone age	Athletics	Athletics	Swimming / Yoga
Autumn 2	Ball skills	Gymnastics	Gymnastics	Net and wall- Tennis	Yoga & Mindfulness	Games invasion Basketball	Dance – Victorian dance hall / fitness
		Dance	Hockey	Dance- Stone age	Hockey	Mindfulness & Yoga	Athletics
Spring 1	Dance	Dance	Dance	Gymnastics	Netball	Gymnastics	Invasion – Tag rugby
		Invasion - Netball	Gymnastics	Invasion – Netball	Gymnastics	Games invasion Football	Gymnastics
Spring 2	Gymnastic (equipment)	Games – Football	Dance	Gymnastics	Dance	Dance	Net & wall - volleyball
		Athletics	Athletics	Invasion -Tag rugby	Outdoor & Adventurous	Net & Wall Volley Ball	Outdoor & adventurous - PGL
Summer 1	Athletic skills	Swimming	Swimming	Swimming	Swimming	Swimming	Striking & Fielding - Cricket
		Athletics	Tennis	Athletics	Dance – Line Dancing	Striking & Fielding Rounders	Invasion - Basketball
Summer 2	Ball skills (Throwing, catching then football)	Games - Cricket	Athletics	Outdoor & adventurous	Cricket	Athletics	Striking & Fielding - Cricket
		Games – Tennis	tennis	Striking + Fielding- Rounders	Tennis	Net & Wall Badminton	Net & wall - badminton