

Net and wall

Big Ideas/ Key Elements of PE		
<ul style="list-style-type: none"> - Movement - Development of skills and techniques - Application of skills and techniques - Co-operation/teamwork 	<ul style="list-style-type: none"> - Competition - Games - Tactics - Challenge 	<ul style="list-style-type: none"> - Analysis and evaluation - Preparation for life and participation - Health and fitness - Swimming

Yr	Term	About the Unit (unit file ref: phe#)	Where the unit fits in	Prior Learning it builds on	Intentions (skills)	Knowledge	Vocabulary
R							
1							
2							
3/4		<p>Phe13:</p> <p>In this unit children focus on developing the skills they need for net/wall games and on how to use these skills to make the game difficult for their opponent. They learn to direct the ball towards the target area and away from their opponent.</p> <p>In all games activities, children have to think about how they use skills, strategies and tactics to outwit the opposition. In net/wall games, players achieve this by sending a ball (or other implement)</p>	<p>This unit lays the foundations for future net/wall games units, in which children will move on to play more complex games on larger courts, playing in teams of two or more. They will start to use balls that move more quickly and bounce higher and faster. They will start to play more recognised games, <i>eg short tennis, mini-badminton</i>. They will transfer the throwing and catching skills they learn in net games to other types of game, <i>eg netball, basketball</i>. Similarly, they will use and adapt the striking skills they learn in other types of game, <i>eg invasion games using sticks</i>. In all games units, they will learn how to apply rules fairly.</p>	<ul style="list-style-type: none"> • experienced throwing and catching activities • experienced striking a ball with different equipment and parts of the body • played a variety of simple net/wall games • played a variety of simple invasion and striking/fielding games • cooperated with a partner • learned how to compete fairly, using rules 	<ul style="list-style-type: none"> • Begin to use forehand and backhand when playing racket games. • keep up a continuous game, using a range of throwing and catching skills and techniques; • use a small range of basic racket skills; • choose and use a range of simple tactics to make it difficult for their opponent; • make up their own net games and refine rules throughout game • Follow rules of a game and play fairly; • talk about what they do well and recognise things they could do better • Uphold the spirit of fair play and respect in all competitive situations. 	<ul style="list-style-type: none"> - Understand the rules of games - recognise how net games make the body work; - choose and use a range of simple tactics for defending their own court; - know the difference between rackets and which ones used for specific sports 	<ul style="list-style-type: none"> • court, target, net • striking, hitting • defending • making it difficult for the opponent • tactics • scoring points

		towards a court or target area which their opponent is defending. The aim is to get the ball to land in the target area and make it difficult for the opponent to return it.			Lead others and act as a respectful team member.		
5/6		<p>Phe26</p> <p>In this unit children develop skilful attacking and team play. They learn how to work well as a team when attacking, and explore a range of ways to defend. In all games activities, children think about how to use skills, strategies and tactics to outwit the opposition. In invasion games, they enter their opponent's territory with the 'ball' and try to get into good positions for shooting or reaching the 'goal'.</p>	<p>This unit lays the foundations for future invasion games units, in which children will learn more about playing as a team, using team positions and defending successfully. They will play mini-versions of invasion games with even sides. They will also learn a wider range of techniques for passing, dribbling and shooting, and will learn to apply basic principles for attacking and defending.</p> <p>In all physical education units, children will develop a greater awareness of the importance of fitness. The athletic activity unit for year 5 develops children's jumping, running and throwing skills.</p>	<ul style="list-style-type: none"> • developed kicking and striking skills • developed passing, dribbling and shooting skills using their feet and sticks • learned tactics for attacking • followed rules in games • experienced playing in positions 	<ul style="list-style-type: none"> • Use forehand and backhand when playing racket games. • Work alone, or with team mates in order to gain points or possession. • Defend and attack court using a range of tactics • Work alone, or with team mates in order to gain points or possession. • know and carry out warm-up activities that use exercises helpful for net and wall games; • pick out things that could be improved in performances and suggest ideas and practices to make them better • Uphold the spirit of fair play and respect in all competitive situations. • Lead others and act as a respectful team member. 	<p>-apply a range of tactics to games and be able to adapt depending on game</p> <p>-understand the rules of a variety of games and apply them in a game situation</p> <p>- know the difference between rackets and how the shape and material effects the game</p> <p>-understand the effect of exercise on our body and discuss the changes that occur</p>	<ul style="list-style-type: none"> • keeping possession • passing • dribbling • shooting • shielding the ball • width, depth • support • marking, covering