

### Striking and fielding:

Big Ideas/ Key Elements of PE		
<ul style="list-style-type: none"> <li>- Movement</li> <li>- Development of skills and techniques</li> <li>- Application of skills and techniques</li> <li>- Co-operation/teamwork</li> </ul>	<ul style="list-style-type: none"> <li>- Competition</li> <li>- Games</li> <li>- Tactics</li> <li>- Challenge</li> </ul>	<ul style="list-style-type: none"> <li>- Analysis and evaluation</li> <li>- Preparation for life and participation</li> <li>- Health and fitness</li> <li>- <del>Swimming</del></li> </ul>

Yr	Term	About the Unit (unit file ref: phe#)	Where the unit fits in	Prior Learning it builds on	Intentions (skills)	Knowledge	Vocabulary
R							
1							
2							
3/4		<p>Phe12:</p> <p>In this unit children learn how to hit or strike the ball into spaces, so that they can score runs in different ways. When fielding, they learn how to work together to keep the batters' scores down.</p> <p>In all games activities, children have to think about how they use skills, strategies and tactics to outwit the opposition. In striking and fielding games, players achieve this by striking a ball and trying to deceive or avoid fielders, so that</p>	<p>This unit lays the foundations for future striking and fielding games units, in which children will play a variety of games, <i>eg stoolball, rounders, kwik cricket</i>. They will develop and adapt the games themselves, making up their own rules and choosing which equipment to use. They will also have opportunities to use their skills of throwing, catching, hitting and kicking in invasion and net/wall games units.</p>	<ul style="list-style-type: none"> <li>• taken part in throwing and catching activities</li> <li>• practised striking a ball, <i>eg with rackets, sticks</i></li> <li>• played a range of running games, <i>eg beat the runner (chasing a ball passed around bases)</i></li> <li>• played a range of running and fielding games</li> <li>• played a range of simple striking and fielding games</li> </ul>	<ul style="list-style-type: none"> <li>• use a range of skills, <i>eg throwing, striking, intercepting and stopping a ball</i>, with some control and accuracy;</li> <li>• Strike a ball and field with control</li> <li>• choose and vary skills to suit the situation in a game;</li> <li>• carry out simple tactics successfully e.g. striking a ball in specific directions</li> <li>• set up small games;</li> <li>• know rules and use them fairly to keep games going;</li> <li>• describe what they and others do successfully and suggest improvements</li> <li>• Act as a respectful team member</li> </ul>	<p>- carry out warm ups with care and an awareness of what is happening to their bodies;</p> <p>- Know what equipment is needed for each sport</p> <p>- know the rules of each game</p>	<ul style="list-style-type: none"> <li>• batting</li> <li>• fielding</li> <li>• bowler</li> <li>• wicket</li> <li>• tee</li> <li>• base</li> <li>• boundary</li> <li>• innings</li> <li>• rounder</li> <li>• backstop</li> <li>• score</li> </ul>

		they can run between wickets or around bases to score runs. When fielding, they try to prevent runs or points being scored.					
5/6		<p>Phe25:</p> <p>In this unit children develop the range and quality of their skills and understanding. They learn how to play the different roles of bowler, wicket-keeper, backstop, fielder and batter.</p> <p>In all games activities, children have to think about how they use skills, strategies and tactics to outwit the opposition. In striking and fielding games, players achieve this by striking a ball and trying to deceive or avoid fielders, so that they can run between wickets or around bases to score runs. When fielding, they try to prevent runs or points being scored.</p>	<p>In future units children will focus on developing their technique and using a wider range of shots, working in larger teams for some of the time. They will concentrate on developing their bowling technique and using tactics as a fielding team. They will develop warm-up routines and skills practices that will improve their play, showing a greater awareness of the type of fitness they need and how to prepare for striking and fielding games.</p> <p>In other physical education units children will use throwing and catching skills and striking skills for different games. They will focus on ways of warming up and how to work in teams to plan tactics.</p>	<ul style="list-style-type: none"> <li>• developed basic fielding and batting skills</li> <li>• cooperated in small group games</li> <li>• learned what a striking and fielding game is and the type of tactics they have to use to play well</li> <li>• learned about rules and how to apply and adapt them</li> </ul>	<ul style="list-style-type: none"> <li>• strike a bowled or volleyed ball accurately and with control</li> <li>• use a range of fielding skills, <i>eg catching, throwing, bowling, intercepting</i>, with growing control and consistency;</li> <li>• Choose and combine techniques in game situations (running, throwing, catching, passing, jumping and kicking, etc.).</li> <li>• work collaboratively in pairs, group activities and small-sided games;</li> <li>• use and apply the basic rules consistently and fairly;</li> <li>• understand and implement a range of tactics in games when fielding, defending and attacking</li> <li>• identify their own strengths and suggest practices to help them improve</li> <li>• Uphold the spirit of fair play and respect in all competitive situations.</li> <li>• Lead others and act as a respectful team member.</li> </ul>	<p>- recognise the activities and exercises that need including in a warm up;</p> <p>- to understand why a warm up is important and how our bodies change</p> <p>- Know which equipment is suitable for each sport and understand why</p> <p>- know how to set out and organise a variety of striking and fielding games</p>	<ul style="list-style-type: none"> <li>• stance</li> <li>• the crease or batting point</li> <li>• non-striker</li> <li>• leg-side</li> <li>• offside</li> <li>• home base</li> <li>• pitch</li> <li>• over</li> <li>• innings</li> </ul>