










V3ss23

Spring Summer 24 – Week One

15 Apr, 6 May, 27 May, 17 June, 8 July, 29 July, 19 August, 9 Sept, 30 Sept, 21 Oct

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Cheese & Tomato Pizza served with Garlic Bread 	All Day Sausage Breakfast served with Baked Omelette, Diced Potatoes & Baked Beans or Sweetcorn	Chicken Pie & Mashed Potatoes	Creamy Korma Style Chicken Curry served with Mixed Rice 	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegetarian Main Meal	Creamy Vegetable Penne Pasta Carbonara 	All Day Veggie Sausage Breakfast Served with Diced Potatoes & Baked Beans or Sweetcorn	Vegemince & Vegetable Pie (Ve) served with Mashed Potato 	Sweet Potato, Spinach & Chickpea Korma (Ve) Served with Mixed Rice 	Cheese Flan Served with Chips & Tomato Ketchup
Jacket Potato	Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise	Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise	Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise	Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise	Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise
Vegetable Selection	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
Dessert	Marble Sponge & Custard	Chocolate Shortbread Biscuits (Ve) & Fruit Slices 	Iced Banana Traybake	Oat & Raisin Cookie (Ve) & Fresh Watermelon Slice 	Chocolate Ice Cream

Available Daily: Fresh Salad, Fresh Bread, Fresh Fruit

Portion(s)
of fruit or veg



Source of
wholegrain



Contains
plant-based
proteins



50%
fruit



Oily
fish



Our desserts meet Public Health England's target for 'free sugar' intake for your child.









Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.





Spring Summer 24 – Week Two

22 Apr, 13 May, 3 June, 24 June, 15 July, 5 Aug, 26 Aug, 16 Sept, 7 Oct

WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Macaroni Cheese	Summer Hot Dog Baguette 	Roast Gammon served with Roast Potatoes & Gravy	Beef Bolognese & Penne Pasta 	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegetarian Main Meal	Vegetable Enchiladas Ve Served with a portion of Sunny Vegetable Rice 	Summer Veggie Sausage Hot Dog Baguette 	Vegemince Cottage Pie (Ve) 	Cheese & Tomato Pizza served with Garlic Bread 	Cheese & Onion Puff Pastry Roll Served with Chips & Tomato Ketchup
Jacket Potato	Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise	Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise	Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise	Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise	Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise
Vegetable Selection	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
Dessert	Ginger & Mandarin Traybake 	Strawberry Jelly (Ve)	Freshly Baked Chocolate Cookie (Ve)	Flapjack Finger With a fresh slice of Watermelon (Ve) 	Homemade Shortbread Biscuits (Ve)

Available Daily: Fresh Salad Fresh Bread, Fresh Fruit

Portion(s)
of fruit or veg



Source of
wholegrain



Contains
plant-based
proteins



50%
fruit



Oily
fish



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Spring Summer 24 – Week Three

29 Apr, 20 May, 10 June, 1 July, 22 July, 12 Aug, 2 Sept, 23 Sept, 14 Oct

WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Cheese & Tomato Pizza served with Garlic Bread 	Farm Assured Pork Sausage Roll with Baked Potato Wedges	Chicken Tagine served with Summer Vegetable Rainbow Cous Cous 	Korean BBQ Chicken & Vegetables served with Noodles 	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegetarian Main Meal	Mildly Spiced Vegetable Chilli & Rice (Ve) NDP 	Cheese & Onion Puff Pastry Roll served with Baked Potato Wedges	Savoury Vegetable Mince & Gravy served with a Yorkshire Pudding & Skin on Roast Potatoes 	Korean Style Sticky BBQ Quorn, Vegetables & Noodles 	Homemade Cheese & Tomato Pizza Whirl & Chips
Jacket Potato	Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise	Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise	Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise	Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise	Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise
Vegetable Selection	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
Dessert	Baked Apple Sponge served with Custard 	Tutti Frutti Jelly and Mandarins (Ve) 	Freshly Baked Vanilla Cookie (Ve)	Zesty Lemon & Blueberry Yoghurt Cake	Homemade Flapjack (Ve)

Available Daily: Fresh Salad, Fresh Bread, Fresh Fruit

Portion(s)
of fruit or veg



Source of
wholegrain



Contains
plant-based
proteins



50%
fruit



Oily
fish



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