Autumn / Winter Menu Week 2

26th Oct, 16th Nov, 7th Dec, 11th Jan, 1st & 22nd Feb, 15th March

WEEK TWO	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PLANET PIZZA THURSDAY	FISH FRIDAY
Main Meal Option 1	**All Day Breakfast:** Pork Sausage, Scrambled Egg, Herby Potatoes with Broccoli, Sweetcorn & Baked Beans	Spaghetti Bolognese with Garden Peas & Carrots	Roast Chicken, Stuffing, Roast Potatoes, Seasonal Greens, Broccoli, Carrots, Cauliflower and Gravy	**Wholemeal Pizza**: Margherita Pizza with Home-baked Potato Wedges, Broccoli & Sweetcorn	Fish Fingers, Chips with Peas & Baked Beans
Main Meal Option 2	Macaroni Cheese with Broccoli, Sweetcorn and Baked Beans	Plant-based Spaghetti Bolognese with Garden Peas & Carrots VG	Quorn Grill, Stuffing, Roast Potatoes, Seasonal Greens, Broccoli, Carrots, Cauliflower and Gravy	Vegetable Biryani with Wholegrain Rice, Broccoli & Sweetcorn VG	Wholegrain Mexican Bean Wrap with Chips, Baked Beans & Garden Peas
KS2 Junior Deli	½ Cheese & Tomato Panini with Herby Potatoes & Salad	Chinese-style Chicken Noodles	Cheese & Onion Loaded Potato Skins	Cheesy Pizza Pockets Vegetables with	
Hot & Tasty Pasta Pot	Pasta Twists served with Cheesy Sauce				
Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans				
Dessert KS2	Shortbread Biscuit	Chocolatey Orange Fudge Cake	Strawberry Jelly	Lemon Drizzle Cake & Custard	Chocolatey Oaty Slice VG

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg | Source of wholegrain | Contains plant-based proteins | 50% fruit | Oily fish | Vegan VG

England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.